



The Arts @ MSC



MINDARIE
SENIOR COLLEGE

Where Your Future Begins



YOUR ARTS FOR YOUR MENTAL HEALTH

YOU DON'T HAVE TO BE GOOD AT ART,
FOR THE ARTS TO BE GOOD
FOR YOUR MENTAL HEALTH



THE
arts
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Can I choose Arts Courses even if I'm not "arty"?

Yes! The Arts is for everyone.

Engaging in the Arts can significantly benefit mental health, offering avenues for expression, stress reduction, and improved well-being, as evidenced by research and various arts-based therapies.

Here's a more detailed look at the connection between mental health and The Arts:

Benefits of Arts Engagement

Stress Reduction and Emotional Regulation:

Participating in creative activities like painting, music, or writing can help individuals process emotions, reduce stress, and promote relaxation.

Improved Mental Health Outcomes:

Studies show that arts engagement is associated with lower levels of mental distress, higher life satisfaction, and better mental health functioning.

Increased Self-Esteem and Confidence:

Engaging in the arts can build self-esteem, self-acceptance, and confidence, which are crucial for mental well-being.

Enhanced Social Connection and Belonging:

Participating in arts activities, whether as a group or individually, can foster social connections and a sense of belonging, combating loneliness and isolation.

Cognitive Benefits:

Engaging in creative tasks can improve focus, memory, and cognitive function.

Promoting Resilience:

Arts-based activities can help individuals develop resilience and coping mechanisms for dealing with challenges.

Arts Therapy:

Creative arts therapies, such as art therapy, music therapy, and drama therapy, are used to treat mental health conditions and improve well-being.

Reducing Stigma:

The arts can play a role in raising mental health awareness, addressing stigma, and promoting recovery.

Mindarie Arts Collective

What is Mindarie Arts Collective?

Mindarie Arts Collective is a SCSA Endorsed Program that enables students currently engaged in community arts activities involving dance, drama, media, music and/or visual arts or photography to be recognised for the significant learning encompassed within such activities. The Collective would also suit students seeking support to grow their presence in the arts community. If you are looking to invest time in your artistic practice, this is the perfect program to select in addition to an Arts course, either ATAR or General, for an intensive and supported Arts experience.

What will we cover?

Students will be mentored and supported to manage their time between external-to-school arts commitments and the demands of Senior Secondary schooling.

What does a typical week look like?

If selected, the Mindarie Arts Collective will appear as a Course on the student's timetable- two single periods and one double per week. Students will maintain weekly contact with their Mindarie Arts Collective teacher who oversees the creation of an individualised programme.

Students will log their out-of-school arts commitments (55 hours/semester) culminating in a performance or production each semester. This performance or production may be a dance, drama, musical item, photograph, visual artwork, media production or film. Examples include student involvement with amateur theatre companies, dance school concerts, arts competitions, exhibitions or showcases. Opportunities to perform and exhibit work can be provided by the College to meet the requirements of the Program.

Satisfactory completion of the program requirements is equivalent to one C grade per semester studied and counts towards achievement of the WACE (West Australian Certificate of Education).

Complementary Courses

- General Design (Photography)
- ATAR/General Drama
- General Music
- ATAR/General Media Production and Analysis
- ATAR/General Visual Art
- ATAR/General Dance

Are there any Prerequisites?

- Current Arts practice in outside-of-school studies. This may include, but is not limited to, being a member of a choir/band/orchestra or dance studio, performing in community musicals or theatre, creating and entering Visual Art or Photography competitions, and/or creating content for media platforms
- Selection into the Mindarie Arts Collective will be through an application, submitted at Subject Selection Online and interview at Enrolment Interviews.

ATAR Dance

What is ATAR Dance?

Dance is a captivating art form that allows students to express themselves through movement. In ATAR Dance we want you to be immersed in aspects of the world of dance. We strongly encourage students with external dance commitments to submit an application to Mindarie Arts Collective.

What will we cover?

Practically, students will refine their Contemporary technique which provides the basis to learning the WACE set solo, techniques for improvisation and how to create an original solo composition. In the classroom, students will learn how to effectively analyse and write about professional dance performances and have an in-depth understanding on the design concepts which underpin the dance experience including multi-media, lighting, costume, sound and set design.

Highlights include attending Perspectives at the Perth Concert Hall (this is a selection of the top ATAR performances in Dance, Drama and Music), performing at the Dance Showcase in Term 3 and watching a live performance by a professional dance company.

What does a typical week look like?

Two hours a week students will work within an operational theatre with free standing mirrors, lighting and sound capabilities. During the time, students will work towards the practical component of the course including set sequences, improvisation tasks, finalising group and solo pieces. Two hours of theory per week will cover safe dance practice, biomechanics, anatomy and how to analyse performances through case studies of professional works.

Complementary Courses

- ATAR/General English
- ATAR/General Physical Education
- ATAR/General Drama
- General Materials Design & Technology: Textiles

What can it lead to?

Bachelor of Arts (Dance) at WAPPA (ECU). A Certificate IV in Dance Teaching and Management. Past students have gone on to become professional dancers working in musical theatre, festivals, cruise ships and teaching at a variety of Dance studios around Perth.

<https://myfuture.edu.au/bullseyes/details/12--entertainment>

Are there any Prerequisites?

- B grade in Year 10 English is desirable
- Students need to have a background in dance that has included professional training
- Experience in the genre of Contemporary is highly beneficial

General Dance

What is General Dance?

Dance is a powerful means of self-expression that allows individuals to communicate their thoughts, emotions, and stories through movement. In General Dance we want you to be immersed in this world of Dance. Whether that be learning choreography from specialist teachers, exploring your own movements, understanding the roles of costume, lighting, and props, or learning some of the theory about what can make our bodies move more effectively. We strongly encourage students with external dance commitments to submit an application to Mindarie Arts Collective.

What will we cover?

Practically, students will begin by exploring the elements of dance, improvisation and how routines can be enhanced through manipulating the Elements of Dance. Students will then begin learning their first performance piece from a specialist teacher. Throughout the year each class will learn three routines covering a range of genres including Commercial Jazz, Hip-Hop, Contemporary, Lyrical, Broadway and Tap.

Highlights include working with specialist teachers currently working as dancers in Perth, performing at the college Arts Night and Dance Showcase in Term 3, participating in the School to Stage Competition and having the opportunity to watch a live performance by a professional dance company, such as the WA Ballet.

What does a typical week look like?

Three hours a week students will rehearse within an operational theatre with free standing mirrors and industry standard lights and sound. During this time students will be working towards the practical components of this course which include technique development, genre specific choreography and the opportunity to develop their fitness, strength, and coordination as well as learning to work more effectively with others. To coincide with this, one hour of theory per week will cover safe dance practice, performance qualities, anatomy, cultural dances and how to analyse performances.

Complementary Courses

- ATAR/General English
- ATAR/General Physical Education
- ATAR/General Drama
- General Materials Design & Technology: Textiles

What can it lead to?

Bachelor of Arts (Dance) through WAAPA (ECU). A certificate IV in Dance Teaching and Management. Past students have gone on to become professional dancers working in musical theatre, festivals and on cruise ships.

<https://myfuture.edu.au/bullseyes/details/12--entertainment>

Are there any Prerequisites?

- C grade in Year 10 English is desirable
- Prior dance training is highly desirable

General Design (Photography)*

What is General Design?

The General Design (Photography) course teaches you how to capture professional looking images in a range of styles and how to follow a design process. We strongly encourage passionate photography students who aim to exhibit their work and engage in competitions to submit an application to Mindarie Arts Collective.

What will we cover?

In this course we cover the basics of exposure, creative effects with shutter speed and aperture and apply these to a range action, landscape, portraiture, still-life and documentary photography. You will learn these fundamentals of design and photography while exploring your personal interests. Progress is documented in a portfolio of work that features quality prints of your images on photo paper.

You will develop composition and design knowledge as specified in the General Design Course. This includes creating work with a client and an audience in mind, as if you were working in the industry, and following a design process to create design solutions.

We are well equipped, with access to a photography studio with lights and flashes, Digital SLR cameras with a variety of lenses, the full Adobe Creative Suite and high-performance computer labs.

There are plenty of opportunities to display your work as we exhibit as part of Arts Night and Arts Week.

What does a typical week look like?

The assessment for this course is weighted at 70% Production (practical) and 30% Response (theory). Therefore, most class time is spent developing photography skills with the camera and editing work in Adobe Lightroom and Photoshop. Knowledge of composition and design is embedded in the process of developing design projects.

Although it is not essential, you may benefit from completing photoshoots outside of class and can borrow equipment as required.

Complementary Courses

- ATAR/General Visual Art
- ATAR /General Media Production & Analysis

What can it lead to?

Certificate II in Creative Industries. Careers in photography and the arts.

There are no prerequisites for this course. However, an interest in photography, visual art, graphic design are advantageous.

* Indicates List B Courses

ATAR Drama

What is ATAR Drama?

ATAR Drama is a place where you can be whatever you want to be. In ATAR Drama we focus on acting skills of voice and movement, but we also take on the roles of costume, set, lighting and sound designers, as well as the director. We study two texts in both practical performance making and written analysis. We strongly encourage students with external theatre or production commitments to submit an application to Mindarie Arts Collective.

What will we cover?

In Year 11 ATAR Drama we study Representational and Realistic Theatre, as well as Presentational (non-Realistic) Theatre. We have workshops on acting skills with practitioners from the Arts industry, as well as opportunities to meet designers and directors currently working in Theatre.

Highlights include:

- Working with industry professionals in workshops including the Western Australian Youth Theatre Company and Black Swan State Theatre Company
- Theatre visits including Performing Arts Perspectives showcase of past excellent ATAR performances
- Performing at the annual College Arts Week Showcase
- Crown Theatre Musical performance viewing

What does a typical week look like?

Three hours a week students will work within an operational theatre complete with industry standard lighting and sound capabilities. During this time, students will work towards the practical component of their course, culminating in fully realised performances. Students will also analyse Drama texts in both practical and theoretical application, and will cover theory relating to acting and directing approaches as well as theatre forms and styles.

Complementary Courses

- ATAR/General English
- ATAR Modern History
- ATAR/General Media Production & Analysis
- ATAR/General Dance
- General Materials Design & Technology: Textiles

What can it lead to?

Bachelor level study in Performance Making. Advanced Diploma of Screen and Media. Diploma of Screen and Media. Certificate III & IV in Screen and Media. Certificate III in Arts and Cultural Administration. Certificate II in Creative Industries.

<https://myfuture.edu.au/bullseyes/details/12--entertainment>

Are there any Prerequisites?

- B grade in Year 10 English
- Prior study of Drama is an advantage

General Drama

What is General Drama?

General Drama is a place where you can be whatever you want to be. In General Drama we focus on acting skills of voice and movement, telling stories through Drama performances. We strongly encourage students with external theatre or production commitments to submit an application to Mindarie Arts Collective.

What will we cover?

The focus of this course is dramatic storytelling and drama performance events for an audience other than their class members. You will engage with the skills, techniques, processes and conventions of dramatic storytelling. You will view, read and explore relevant drama works and texts using scripts and script excerpts from Australian and world sources, and apply the creative process of devising and of interpreting Australian and world sources to produce drama that makes meaning.

Highlights include:

- Working with industry professionals on lighting and sound design
- Crown Theatre Musical performance viewing
- Performing at the annual College Arts Week Showcase

What does a typical week look like?

This course has a strong focus on the practical components of Drama. You will work in our operational theatre complete with industry standard lighting and sound capabilities. During this time, you will work towards the practical component of the course, culminating in fully realised performances. There is a theory component to this class studied with a practical focus where you build skills in performance and analyse your, and others', performances.

Complementary Courses

- ATAR/General English
- ATAR Modern History
- ATAR/General Media Production & Analysis
- ATAR/General Dance
- General Materials Design & Technology: Textiles

What can it lead to?

Bachelor level study in Performance Making. Advanced Diploma of Screen and Media. Diploma of Screen and Media. Certificate III & IV in Screen and Media. Certificate III in Arts and Cultural Administration. Certificate II in Creative Industries.

<https://myfuture.edu.au/bullseyes/details/12--entertainment>

There are no prerequisites for this course. However, a previous study of drama is advantageous.

ATAR Media Production & Analysis

What is ATAR Media Production & Analysis?

The ATAR Media Production and Analysis (MPA) course provides students with a comprehensive understanding of media production techniques and critical analysis of media texts. Through hands-on projects and theoretical exploration, students will develop practical skills in media production while gaining insights into the influence and impact of media in our society. We strongly encourage passionate media students who aim to distribute their work and/or engage in film competitions to submit an application to Mindarie Arts Collective.

What will we cover?

Production: Students will be introduced to media production techniques and processes. They will gain hands-on experience in creating various media products, such as short films, documentaries and multimedia presentations. The course will focus on developing technical skills in camera operation, editing, sound design and storytelling.

Analysis: Students will engage in critical analysis of media texts, including films, television programs, advertisements, social media and online content. Students explore media language, narrative structures, visual design, and audience reception along with the social, cultural, and political influences of media in shaping public opinion.

Industry and Audience: Students will gain an understanding of the media industry in Australia and abroad, including its structure, production companies, and distribution channels. They will investigate target audiences, marketing strategies, and media consumption patterns.

What does a typical week look like?

The ATAR MPA course involves a balanced blend of theory and practical production work. Students will have two hours per week dedicated to hands-on production work, where they will have the opportunity to utilize industry-standard filming and editing equipment. This practical aspect allows students to develop technical skills in camera operation, editing techniques, sound design, and storytelling. Additionally, students will have two hours per week dedicated to theoretical exploration, delving into the critical analysis of media texts. These lessons will involve engaging discussions and in-depth viewings of a diverse range of media forms. Students will be expected to complete some production and post-production work in their own time.

Complementary Courses

- ATAR/General English
- ATAR/General Drama
- General Design (Photography)
- General Materials Design & Technology: Textiles

What can it lead to?

Cert III & IV in Screen and Media (Screen writing, Sound Design, Cinematography, Visual Effect, Editing). Bachelor of Arts (Media and Communication)

<https://myfuture.edu.au/bullseyes/details/12--entertainment>

<https://myfuture.edu.au/bullseyes/details/23--media-studies>

Are there any Prerequisites?

To excel in ATAR Media Production and Analysis we recommend students have a solid foundation in some or all the following subjects: Media, English, Design, Visual Art, Information Technologies.

General Media Production & Analysis

What is General Media Production & Analysis?

The General Media Production and Analysis (MPA) focuses on mass media and point of view. Students reflect on their own use of the media and the way media is constructed and produced while learning key production skills and processes as they apply their knowledge and creativity in a range of short film and documentary productions.

What will we cover?

The General MPA course offers students a valuable opportunity to apply their knowledge and understanding of media concepts and theory through practical media creation. Students will develop essential skills and processes necessary for producing media content, including the use of relevant technologies. These skills encompass the entire production process, including:

- pre-production techniques
- adhering to health and safety guidelines
- fulfilling specific production roles
- employing technologies in innovative and original ways

Reflecting on and evaluating their own work, as well as the work of their peers and professionals, allows students to enhance their understanding and proficiency in the production process.

What does a typical week look like?

The General MPA course involves a blend of theory and practical productions, with a strong focus on students producing original media works. Media classes will frequently have three hours per week dedicated to hands-on production work, where they will have the opportunity to utilize industry-standard filming and editing equipment. This practical aspect allows students to develop technical skills in camera operation, editing techniques, sound design, and storytelling. Additionally, students will have one hour per week dedicated to theoretical exploration, delving into the critical analysis of feature film, television and news.

Complementary Courses

- ATAR/General English
- ATAR/General Drama
- General Design (Photography)
- General Materials Design & Technology: Textiles

What can it lead to?

Cert III & IV in Screen and Media (Screen writing, Sound Design, Cinematography, Visual Effect, Editing). Bachelor of Arts (Media and Communication)

<https://myfuture.edu.au/bullseyes/details/12--entertainment>

<https://myfuture.edu.au/bullseyes/details/23--media-studies>

Are there any Prerequisites?

To excel in General Media Production and Analysis we recommend students have a solid foundation in some or all the following subjects: Media, English, Design, Visual Art, Information Technologies

General Music

What is General Music?

Students perform, individually or in groups, songs that suit their interests. Students choose a main instrument (drums, guitar, bass or vocals) for the duration of the year. Students will also have individual lessons in drums, guitar, bass or vocals provided by Instrumental Music School Services (IMSS). We strongly encourage students with external music commitments to submit an application to Mindarie Arts Collective, particularly if your instrument does not appear in this list and/or you perform solo or as a part of a band, choir, or orchestra.

What will we cover?

Topics covered include modern contemporary music genres (i.e. Rock, Grunge, Indi, Singer/Songwriter and many other popular music genres).

What does a typical week look like?

The General Music course involves a blend of theory and practical lessons. The course is 60% practical where students will create their own compositions and perform the work of others. The theoretical component of the course (40%) includes composition, investigating and analysing modern musical genres and Grade One music theory.

Complementary Courses

- ATAR/General English
- ATAR/General Media Production & Analysis

What can it lead to?

Further study at TAFE, University or WAAPA

<https://myfuture.edu.au/bullseyes/details/25--music>

Are there any Prerequisites?

- Students **must** be able to confidently play a musical instrument or sing
- Other instruments (including piano) are not supported by IMSS, and as such, students will need to complete provided lessons with the IMSS endorsed instruments specified, or engage in IMSS vocal lessons

ATAR Visual Arts

What is ATAR Visual Arts?

Visual Arts ATAR is about making and studying art! We study the way people share and express their values opinions and beliefs through practical making and written analysis of art. We strongly encourage passionate art students who aim to exhibit their work and engage in competitions to submit an application to Mindarie Arts Collective.

What will we cover?

Students will start their studies, going back to basics, with exploratory drawing techniques that underpin all studied studio areas. We move on to explore painting with watercolours, acrylics, oil paint through the first semester. Other studio areas we can study include sculpture, ceramics, and printmaking.

Year 11 ATAR Visual Arts course is teacher directed as students learn how to achieve success in the subject. Year 12 ATAR Visual Arts allows for more student-centred creation with the teacher as support.

Gallery visits, art tours, talks from practising artists, and artist workshops are embedded within the curriculum. Students will have the opportunity to display their artworks each year in public forums both at the College and in the community and have access to art competitions.

What does a typical week look like?

For three hours per week students will work in spacious and well-resourced facilities on their practical tasks; visual diary and resolved artwork. One hour each week is for studying art theory, including how to read art language, compare & contrast artworks and study art movement/s and artists such as Dada, Surrealism, Pop Art, Neo-Expressionists and contemporary international and Australian artists.

Complementary Courses

- ATAR/General English
- ATAR/General Drama
- ATAR Modern History
- General Design (Photography)
- General Design (Technical Graphics)
- General Materials Design & Technology: Textiles
- ATAR/General Media Production & Analysis

What can it lead to?

Certificate III in Visual Art, Certificate IV in Visual Art, Bachelor of Arts

<https://myfuture.edu.au/bullseyes/details/1--art>

Are there any Prerequisites?

- B grade in Year 10 English & Visual Art

General Visual Arts

What is General Visual Arts?

General Visual Arts is the making of art! This course is a practical, hands-on study of how to make art. Complementing the practical tasks, students will also explore a straightforward approach to reading and understanding artworks. We strongly encourage passionate art students who aim to exhibit their work and engage in competitions to submit an application to Mindarie Arts Collective.

What will we cover?

In Year 11, students will create both practical artwork and written tasks exploring two areas, "Experiences" and "Explorations". We begin the course with a study of drawing and reviewing the Elements and Principles Art. These basic art skills will underpin the other studio areas explored. These may include mediums such as painting, printmaking, ceramics and sculpture.

Highlights include making art for expression, exploration, and sometimes our competitions and exhibitions. Students will have the opportunity to display their work within the wider community and at the College. Art workshops, artist talks, alongside public art and gallery visits are also offered to students.

What does a typical week look like?

General Visual Arts is assessed as 70% practical and 30% theoretical work. Practical work (hands-on-making) of resolved artworks and pages in the Visual Art diary will make up most of the student's class time. There will be periods of time where students have a focus on theoretical work. However, this work is produced in a straightforward, uncomplicated manner using student-friendly writing techniques such as short answer responses, PowerPoint presentations and Mind Maps. It is expected that students will have success if they attend and complete all tasks within class time.

Complementary Courses

- ATAR/General English
- General Design (Photography)
- General Design (Technical Graphics)
- General Materials Design & Technology: Textiles
- ATAR/General Drama
- ATAR/General History
- ATAR/General Dance
- ATAR/General Media Production & Analysis

What can it lead to?

Certificate III in Visual Art, Certificate IV in Visual Art, Bachelor of Arts

<https://myfuture.edu.au/bullseyes/details/1--art>

There are no prerequisites for this course. However, previous study of Year 10 Visual Art is advantageous.

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